



Author	Journal	Year
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KEY TERMS

Strategy Instruction

An approach to teaching through which the teacher focuses on the strategies that learners need to acquire a language

WHAT EVIDENCE IS SUMMARISED?

45 studies

HOW CAN I USE THE FINDINGS IN MY TEACHING?

- Language teaching can be more successful if teachers incorporate cognitive and metacognitive strategies into their teaching practice.
- The instruction should be more focused, and the practice opportunities should be varied for the internalisation and successful application of instructed strategies.

WHAT CAN I LEARN FROM THIS SECONDARY RESEARCH?

What are the factors leading to effective listening strategy instruction?

WHAT DOES IT FIND?

- Strategy Instruction can be effective in improving learners' listening skills. However, this cannot be generalised to every learner and need.
- Strategy Instruction within a foreign language context can be more effective than in a second language context.
- Due to higher exposure to the language, Strategy Instruction for second language learners might not be as effective as it is for foreign language learners, since their listening skills might not be very advanced.
- Strategy Instruction can have more benefits for mature learners, due to their higher level of cognitive and meta-cognitive skills that can help them orchestrate different strategies in carrying out a listening comprehension task.

